



Yoga & Pilates Class Schedule September 2017



Monday	Tuesday	Wednesday	Thursday	Friday
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4 Closed for Labor Day	5 Turbo Fusion 5:30-6:15am Turbo Fusion 9:00-10:00am	6 Pilates 4:45-5:30pm	7 Turbo Fusion 5:30-6:15am Turbo Fusion 9:00-10:00am	8
11 Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	12 Turbo Fusion 5:30-6:15am	13 Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	14 Turbo Fusion 5:30-6:15am	15
18 Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	19 Turbo Fusion 5:30-6:15am Turbo Fusion 9:00-10:00am	20 Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	21 Turbo Fusion 5:30-6:15am Turbo Fusion 9:00-10:00am	22
25 Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	26 Turbo Fusion 5:30-6:15am Turbo Fusion 9:00-10:00am	27 Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	28 Turbo Fusion 5:30-6:15am Turbo Fusion 9:00-10:00am	29