



Yoga & Pilates Class Schedule May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turbo Fusion 5:30-6:15am	2 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	3 Turbo Fusion 5:30-6:15am	4
7 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	8 Turbo Fusion 5:30-6:15am	9 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	10 Turbo Fusion 5:30-6:15am	11
14 Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	15 Turbo Fusion 5:30-6:15am	16 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	17 Turbo Fusion 5:30-6:15am	18
21 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	22 Turbo Fusion 5:30-6:15am	23 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	24 Turbo Fusion 5:30-6:15am	25
28 Closed for Memorial Day	29 Turbo Fusion 5:30-6:15am	30	31 Turbo Fusion 5:30-6:15am	