



# Yoga & Pilates Class Schedule July 2018



Monday	Tuesday	Wednesday	Thursday	Friday
2 Pilates 9:00-9:45am	3 Turbo Fusion 5:30-6:15am	4 Closed for the 4th of July	5 Turbo Fusion 5:30-6:15am	6
9 Pilates 9:00-9:45am	10 Turbo Fusion 5:30-6:15am	11 Pilates 9:00-9:45am	12 Turbo Fusion 5:30-6:15am	13
16 Pilates 9:00-9:45am	17	18 Pilates 9:00-9:45am	19	20
23 Pilates 9:00-9:45am	24	25 Pilates 9:00-9:45am	26 Turbo Fusion 5:30-6:15am	27
30 Pilates 9:00-9:45am	31 Turbo Fusion 5:30-6:15am			