



# Yoga & Pilates Class Schedule August 2018



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pilates 9:00-9:45am	2 Turbo Fusion 5:30-6:15am	3
6 Pilates 9:00-9:45am	7 Turbo Fusion 5:30-6:15am	8 Pilates 9:00-9:45am	9 Turbo Fusion 5:30-6:15am	10
13 Pilates 9:00-9:45am	14 Turbo Fusion 5:30-6:15am	15 Pilates 9:00-9:45am	16 Turbo Fusion 5:30-6:15am	17
20 Pilates 9:00-9:45am	21 Turbo Fusion 5:30-6:15am	22 Pilates 9:00-9:45am	23 Turbo Fusion 5:30-6:15am	24
27 Pilates 9:00-9:45am	28	29 Pilates 9:00-9:45am	30	31