



Le Mars Indoor Aquatic Center October 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Color Code open swim lap swim group water fitness group swim lessons toddler swim swim team practice						
			17 6-7:30am lap swim 9am-1pm lap swim 2-5pm Open Swim 5-7pm lap swim 5-5:45pm Aqua Fit	18 9am-1pm lap swim 11:00am-noon toddler swim 4-7pm lap swim 6-6:45pm Aqua Interval	19 6-7:30am lap swim 4-7pm Open Swim	20 12-1pm lap swim 1-4pm Open Swim
21 2-5pm Open Swim & Floating Pumpkin Patch	22 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim	23 9am-1pm lap swim 11:00am-noon toddler swim 4-7pm lap swim 6-6:45pm Deep Water	24 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	25 9am-1pm lap swim 11:00am-noon toddler swim 4-7pm lap swim 6-6:45pm Aqua Interval	26 6-7:30am lap swim 4-7pm Open Swim	27 12-1pm lap swim 1-4pm Open Swim
28 2-5:30pm Open Swim	29 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	30 9am-1pm lap swim 11:00am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	31 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit			

Water Walking - The flow channel is available for water walking during lap swim and swim team practice when the flow channel is not being used by a fitness class.