



Yoga & Pilates Class Schedule October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>	<p>2 Turbo Fusion 5:30-6:15am</p>	<p>3 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>	<p>4 Turbo Fusion 5:30-6:15am</p>	<p>5</p>
<p>8 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>	<p>9 Turbo Fusion 5:30-6:15am</p>	<p>10 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>	<p>11 Turbo Fusion 5:30-6:15am</p>	<p>12</p>
<p>15 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>	<p>16 Turbo Fusion 5:30-6:15am</p>	<p>17 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>	<p>18 Turbo Fusion 5:30-6:15am</p>	<p>19</p>
<p>22 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>	<p>23 Turbo Fusion 5:30-6:15am</p>	<p>24 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>	<p>25 Turbo Fusion 5:30-6:15am</p>	<p>26</p>
<p>29 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>	<p>30 Turbo Fusion 5:30-6:15am</p>	<p>31 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm</p>		