



# Zumba® & STRONG November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 STRONG 9:00-10:00am Instructor - Lori
4	5 Zumba 5:30-6:30pm Instructor - Patty	6	7 Zumba 5:30-6:30pm Instructor - Patty	8	9	10 Zumba 9:00-10:00am Instructor - Patty
11	12 Zumba 5:30-6:30pm Instructor - Patty	13	14 STRONG 5:30-6:30pm Instructor - Lori	15	16	17 STRONG 9:00-10:00am Instructor - Lori
18	19 Zumba 5:30-6:30pm Instructor - Patty	20	21 STRONG 5:30-6:30pm Instructor - Lori	22	23	24 Zumba 9:00-10:00am Instructor - Patty
25	26 Zumba 5:30-6:30pm Instructor - Patty	27	28 STRONG 5:30-6:30pm Instructor - Lori	29	30	