



# Le Mars Indoor Aquatic Center November 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Color Code <b>open swim</b> lap swim group water fitness group swim lessons toddler swim swim team practice				1 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	2 6-7:30am lap swim <b>4-7pm Open Swim</b>	3 12-1pm lap swim <b>1-4pm Open Swim</b>
4 <b>2-5:30pm Open Swim</b>	5 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	6 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	7 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	8 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	9 6-7:30am lap swim <b>4-7pm Open Swim</b>	10 12-1pm lap swim <b>1-4pm Open Swim</b>
11 <b>2-5:30pm Open Swim</b>	12 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	13 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	14 6-7:30am lap swim 9am-1pm lap swim <b>2-5pm Open Swim</b> 5-7pm lap swim 5-5:45pm Aqua Fit	15 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	16 6-7:30am lap swim <b>4-7pm Open Swim</b>	17 12-1pm lap swim <b>1-4pm Open Swim</b>
18 <b>2-5:30pm Open Swim</b>	19 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	20 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim 6-6:45pm Deep Water	21 6-7:30am lap swim 9am-1pm lap swim <b>1-4pm Open Swim</b> 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	22 Closed for Thanksgiving	23 6-7:30am lap swim <b>4-7pm Open Swim</b>	24 12-1pm lap swim <b>1-4pm Open Swim</b>
25 <b>2-5:30pm Open Swim</b>	26 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	27 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	28 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	29 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	30 6-7:30am lap swim <b>4-7pm Open Swim</b>	

**Water Walking** - The flow channel is available for water walking during lap swim and swim team practice when the flow channel is not being used by a fitness class.