



Le Mars Indoor Aquatic Center December 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 12-1pm lap swim 1-4pm Open Swim
2 2-5:30pm Open Swim	3 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	4 9am-1pm lap swim 1 1am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	5 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	6 9am-1pm lap swim 1 1am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	7 6-7:30am lap swim 4-7pm Open Swim	8 12-1pm lap swim 1-4pm Open Swim
9 2-5:30pm Open Swim	10 6-7:30am lap swim 9am-1pm lap swim 4-6 Swim Team 6-7pm lap swim	11 9am-1pm lap swim 1 1am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	12 6-7:30am lap swim 9am-1pm lap swim 2-5pm Open Swim 5-7pm lap swim 5-5:45pm Aqua Fit	13 9am-1pm lap swim 1 1am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	14 6-7:30am lap swim 4-7pm Open Swim	15 Pool closed for our home swim meet.
16 2-5:30pm Open Swim	17 6-7:30am lap swim 9am-1pm lap swim 4-6 Swim Team 6-7pm lap swim	18 9am-1pm lap swim 1 1am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	19 6-7:30am lap swim 9am-1pm lap swim 4-7pm lap swim 5-5:45pm Aqua Fit	20 9am-1pm lap swim 1 1am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	21 6-7:30am lap swim 4-7pm Open Swim	22 12-1pm lap swim 1-4pm Open Swim
23 2-5:30pm Open Swim	24 6-11:30am lap swim	25 Closed for Christmas	26 6-7:30am lap swim 9am-1pm lap swim 1-4pm Open Swim 4-7pm lap swim 5-5:45pm Aqua Fit	27 9am-1pm lap swim 1 1am-noon toddler swim 1-4pm Open Swim 4-7pm lap swim 6-6:45pm Aqua Interval	28 6-7:30am lap swim 4-7pm Open Swim	29 12-1pm lap swim 1-4pm Open Swim
30 2-5:30pm Open Swim	31 6-7:30am lap swim 9am-1pm lap swim 1-3:30pm Open Swim					Color Code open swim lap swim group water fitness group swim lessons toddler swim swim team practice

Water Walking - The flow channel is available for water walking during lap swim and swim team practice when the flow channel is not being used by a fitness class.