



Le Mars Indoor Aquatic Center January 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Closed for New Years	2 6-7:30am lap swim 9am-1pm lap swim 4-7pm lap swim 5-5:45pm Aqua Fit	3 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	4 6-7:30am lap swim 4-7pm Open Swim	5 Closed for a home Stingrays Swim Meet.
6 2-5:30pm Open Swim	7 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	8 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	9 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	10 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	11 6-7:30am lap swim 4-7pm Open Swim	12 12-1pm lap swim 1-4pm Open Swim
13 2-5:30pm Open Swim	14 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	15 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	16 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 2-5pm Open Swim 5-7pm lap swim 5-5:45pm Aqua Fit	17 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Aqua Interval	18 6-7:30am lap swim 4-7pm Open Swim	19 12-1pm lap swim 1-4pm Open Swim
20 2-5:30pm Open Swim	21 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	22 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	23 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	24 9am-1pm lap swim 11am-noon toddler swim 1-4pm Open Swim 4-7pm lap swim 6-6:45pm Aqua Interval	25 6-7:30am lap swim 4-7pm Open Swim	26 12-1pm lap swim 1-4pm Open Swim
27 2-5:30pm Open Swim	28 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-6 Swim Team 6-7pm lap swim	29 9am-1pm lap swim 11am-noon toddler swim 4-6 Swim Team 6-7pm lap swim 6-6:45pm Deep Water	30 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	31 9am-1pm lap swim 11am-noon toddler swim 1-4pm Open Swim 4-7pm lap swim 6-6:45pm Aqua Interval		Color Code open swim lap swim group water fitness group swim lessons toddler swim swim team practice

Water Walking - The flow channel is available for water walking during lap swim and swim team practice when the flow channel is not being used by a fitness class.