



Yoga & Pilates Class Schedule February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	5 Turbo Fusion 5:30-6:15am	6 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	7 Turbo Fusion 5:30-6:15am	8
11 Pilates 9:00-9:45am Hatha Yoga 5:30-6:30pm	12 Turbo Fusion 5:30-6:15am	13 Pilates 9:00-9:45am Hatha Yoga 5:30-6:30pm	14 Turbo Fusion 5:30-6:15am	15
18 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	19 Turbo Fusion 5:30-6:15am	20 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	21 Turbo Fusion 5:30-6:15am	22
25 Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	26 Turbo Fusion 5:30-6:15am	27 Pilates 9:00-9:45am Pilates 4:45-5:30pm Hatha Yoga 5:30-6:30pm	28 Turbo Fusion 5:30-6:15am	