



Le Mars Indoor Aquatic Center April 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Color Code open swim lap swim group water fitness group swim lessons toddler swim						
	1 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim	2 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim 5:45-6:30pm Deep Water	3 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim	4 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim 5:45-6:30pm Aqua Interval	5 6-7:30am lap swim 4-7pm Open Swim	6 12-1pm lap swim 1-4pm Open Swim
7 2-5:30pm Open Swim	8 6-7:30am lap swim 9am-1pm lap swim 4-7pm lap swim	9 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim 5:45-6:30pm Deep Water	10 6-7:30am lap swim 9am-1pm lap swim 2-5pm Open Swim 5-7pm lap swim	11 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim 5:45-6:30pm Aqua Interval	12 6-7:30am lap swim 4-7pm Open Swim	13 12-1pm lap swim 1-4pm Open Swim
14 2-5:30pm Open Swim	15 6-7:30am lap swim 9am-1pm lap swim 4-7pm lap swim	16 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim 5:45-6:30pm Deep Water	17 6-7:30am lap swim 9am-1pm lap swim 4-7pm lap swim 5-5:45pm Aqua Fit	18 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim	19 6-7:30am lap swim	20
21	22 6-7:30am lap swim 9am-1pm lap swim 4-7pm lap swim	23 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim	24 6-7:30am lap swim 9am-1pm lap swim 4-7pm lap swim	25 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim	26 6-7:30am lap swim	27
28 2-5:00pm Open Swim	29 6-7:30am lap swim 9am-1pm lap swim 4-7pm lap swim	30 9am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim	May 1 6-7:30am lap swim 4-7pm lap swim			

Water Walking - The flow channel is available for water walking during lap swim and swim team practice when the flow channel is not being used by a fitness class.