



Yoga & Pilates Class Schedule June 2019



Monday	Tuesday	Wednesday	Thursday	Friday
3 Pilates 9:00-9:45am	4 Yoga-Pilates Sculpt 5:30-6:15am	5 Pilates 9:00-9:45am	6 Yoga-Pilates Sculpt 5:30-6:15am	7 Hatha Yoga 6:00-6:45am
10 Pilates 9:00-9:45am	11 Yoga-Pilates Sculpt 5:30-6:15am	12 Pilates 9:00-9:45am	13 Yoga-Pilates Sculpt 5:30-6:15am	14 Hatha Yoga 6:00-6:45am
17 Pilates 9:00-9:45am	18 Yoga-Pilates Sculpt 5:30-6:15am	19 Pilates 9:00-9:45am	20	21 Hatha Yoga 6:00-6:45am
24 Pilates 9:00-9:45am	25 Yoga-Pilates Sculpt 5:30-6:15am	26 Pilates 9:00-9:45am	27 Yoga-Pilates Sculpt 5:30-6:15am	28 Hatha Yoga 6:00-6:45am