



Zumba® & STRONG July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Zumba 5:30-6:30pm Instructor - Patty	2	3 STRONG 5:30-6:30pm Instructor - Lori	4	5	6
7	8 Zumba 5:30-6:30pm Instructor - Patty	9	10 STRONG 5:30-6:30pm Instructor - Lori	11	12	13
14	15 Zumba 5:30-6:30pm Instructor - Patty	16	17 STRONG 5:30-6:30pm Instructor - Lori	18	19	20
21	22 Zumba 5:30-6:30pm Instructor - Patty	23	24 STRONG 5:30-6:30pm Instructor - Lori	25	26	27
28	29 Zumba 5:30-6:30pm Instructor - Patty	30	31 Zumba 5:30-6:30pm Instructor - Patty			