



Zumba® & STRONG August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 STRONG 5:30-6:30pm Instructor - Lori	6	7 STRONG 5:30-6:30pm Instructor - Lori	8	9	10
11	12 STRONG 5:30-6:30pm Instructor - Lori	13	14 STRONG 5:30-6:30pm Instructor - Lori	15	16	17
18	19 Zumba 5:30-6:30pm Instructor - Patty	20	21 STRONG 5:30-6:30pm Instructor - Lori	22	23	24
25	26 Zumba 5:30-6:30pm Instructor - Patty	27	28 STRONG 5:30-6:30pm Instructor - Lori	29	30	31