



Le Mars Indoor Aquatic Center January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Closed for New Years	2 10:30am-1pm lap swim 11am-noon toddler swim 4-6pm swim team 6-7pm lap swim 6:00-6:45pm Deep Water	3 6-7:30am lap swim 4-7pm Open Swim (no slides)	4 Pool is closed for a home swim meet.
5 1-2pm lap swim 2-5:30pm Open Swim	6 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Morning Mixer 4-6pm swim team 6-7pm lap swim	7 10:30am-1pm lap swim 11am-noon toddler swim 4-6pm swim team 6-7pm lap swim 6:00-6:45pm Aqua Interval	8 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	9 10:30am-1pm lap swim 11am-noon toddler swim 4-6pm swim team 6-7pm lap swim 6:00-6:45pm Deep Water	10 6-7:30am lap swim 4-7pm Open Swim	11 12-1pm lap swim 1-4pm Open Swim
12 1-2pm lap swim 2-5:30pm Open Swim	13 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Morning Mixer 4-6pm swim team 6-7pm lap swim	14 10:30am-1pm lap swim 11am-noon toddler swim 4-6pm swim team 6-7pm lap swim 6:00-6:45pm Aqua Interval	15 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 2-5pm Open Swim 5-7pm lap swim 5-5:45pm Aqua Fit	16 10:30am-1pm lap swim 11am-noon toddler swim 4-6pm swim team 6-7pm lap swim 6:00-6:45pm Deep Water	17 6-7:30am lap swim 4-7pm Open Swim	18 12-1pm lap swim 1-4pm Open Swim
19 1-2pm lap swim 2-5:30pm Open Swim	20 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Morning Mixer 4-6pm swim team 6-7pm lap swim	21 10:30am-1pm lap swim 11am-noon toddler swim 4-6pm swim team 6-7pm lap swim 6:00-6:45pm Aqua Interval	22 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	23 10:30am-1pm lap swim 11am-noon toddler swim 4-6pm swim team 6-7pm lap swim 6:00-6:45pm Deep Water	24 6-7:30am lap swim 4-7pm Open Swim	25 12-1pm lap swim 1-4pm Open Swim
26 1-2pm lap swim 2-5:30pm Open Swim	27 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Morning Mixer 4-6pm swim team 6-7pm lap swim	28 10:30am-1pm lap swim 11am-noon toddler swim 4-6pm swim team 6-7pm lap swim 6:00-6:45pm Aqua Interval	29 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	30 10:30am-1pm lap swim 11am-noon toddler swim 4-6pm swim team 6-7pm lap swim 6:00-6:45pm Deep Water	31 6-7:30am lap swim 4-7pm Open Swim	Color Code open swim lap swim group water fitness group swim lessons toddler swim swim team practice

Water Walking - The flow channel is available for water walking during lap swim and swim team practice when the flow channel is not being used by a fitness class.

Lap Lanes - The lap lanes are closed during swim team practice.