

CHILD WATCH: FAQ'S



WHAT DO I NEED TO COMMUNICATE TO THE STAFF?

You will be required to notify the staff where you will be working out, so we can find you if needed. Caregivers must carry a cell phone with them at all times while their child is in Child Watch and must answer immediately if called and be prepared to return to Child Watch for their child if necessary. The caregiver utilizing Child Watch for their child(ren) must remain in the building.

If you have a compliment, grievance, question, or concern about Child Watch, we encourage you to communicate it with staff. Our staff are there to assist families immediately by answering questions and addressing concerns. You can also contact the CEO directly.

WHAT ARE THE CHECK-IN, CHECK- OUT PROCEDURES?

All families and children must check-in at the Front Desk first and then check-in into Child Watch upon arrival. Children of caregivers with adult, young adult memberships or those paying a day pass fee must provide the proper punch card to the Child Watch staff when checking in.

WHAT SHOULD MY CHILD HAVE FOR EACH VISIT?

Personal Items: Any and all personal items that you bring into Child Watch must be labeled with your child's name. We ask that you do not bring your child's toys, tablets, phones, iPad, or other electronic devices from home to Child Watch. Any personal items not labeled will be taken to the Y's lost and found and kept for a short time, all other items will be discarded. The Y is not responsible for loss or damage to your child's items.

Footwear: For the health and safety of all the children, we ask that they wear proper footwear to Child Watch. We ask your help in encouraging your children to leave their shoes on (tennis shoes stay on best).

Feeding or Snacks: You may bring a sippy cup or water bottle for use in Child Watch. Please do not bring food or snacks. We will not provide any snacks or meals during Child Watch. Please feed your child prior to coming to the Y.

Diapers & Toilet Training: Please start your toddler's visit to Child Watch in a clean/dry diaper. Parents are welcome to change their child upon arrival/prior to leaving. Child Watch staff WILL NOT change your child if they discover your child has had a bowel movement during the visit. If your child is toilet training, please notify the staff. The staff will do their best to remind your child to use the restroom. The staff will leave the door to the locker room open, and one staff will never be alone in the restroom with the child.

Extra Clothes: In the event that a child soils their clothes the YMCA staff will ask you to return to Child Watch immediately to change/clean up your child. We do not keep spare clothing, diapers, or wipes on hand and encourage you to bring a change of clothing to use as needed.

MY CHILD HAS SPECIAL NEEDS, WHO SHOULD I SPEAK WITH?

The YMCA does not discriminate against children with special needs, but requests additional information from you in order to provide a safe and enjoyable experience for each child. The Y will make every reasonable effort to accommodate a child's special needs but we cannot guarantee that this is possible in all circumstances.

WHAT IS YOUR ILLNESS POLICY?

Children should not be in Child Watch if they are ill and should not return to Child Watch until they have been fever-free and symptom-free for 24 hours without medication. If during your child's visit, we discover that your child has a fever or other signs of illness, the staff will contact you to return to pick up your child immediately.

A child should not be in Child Watch if he/she has any of the following symptoms or illnesses, unless the family has a doctor's note indicating that the child is not contagious: temperature of 100 degrees F or greater; vomiting; diarrhea; rashes; a condition or illness that prevents meaningful participation; presents a health risk to others; or requires medical consultation, including but not limited to: persistent congestion and/or runny nose; sore throat; headache; muscle pain; lethargy; persistent crying, persistent cough. Participants who are diagnosed with any of the other following illness are NOT permitted into Child Watch: bronchitis; influenza; chicken pox; measles; mumps; contagious skin infection/disease, such as impetigo or scabies or hand-foot-mouth disease; bacterial conjunctivitis or other eye infection; strep throat; head lice; COVID-19.

This policy will be strictly enforced for the health and well-being of the other children and staff in Child Watch.

Medications & Remedies: The Child Watch staff will not be responsible for administering medications and/or remedies such as teething tablets, lip balm, lotions, teething tablets, creams and ointments.

WHAT IS YOUR DISCIPLINE POLICY?

Discipline: We will use redirection and time-outs for inappropriate behaviors in Child Watch. A time-out is a brief, supervised separation from the group. If problems persist, Child Watch staff will discuss the situation with the parent. If a solution cannot be reached, we may ask that the child not be brought to Child Watch if the behavior jeopardizes the well-being and safety of other children.

Inconsolable Child: If the Child Watch staff is unable to console a child after 10-15 minutes of continuous distress, the parent will be contacted and asked to pick up the child. We will make every effort to comfort your child, but do not want the child to have an unpleasant experience.

