

INDOOR POOL SCHEDULE

NOVEMBER

2025

BLACK: LAP SWIM - RED: GROUP EXERCISE - BLUE: OPEN SWIM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 X	2 X	3 X	5 Lap Swim: 7:00-9:00 AM Lap Swim: 4:00-6:00 PM	6 Lap Swim: 5:30-7:30 AM Lap Swim: 9:00 AM-1:00 PM Lap Swim: 4:00-6:00 PM	7 Lap Swim: 5:30-7:30 AM	8 Lap Swim: 9:00 AM-1:00 PM
9 Open Swim: 1:00-4:30 PM	10 Lap Swim: 5:30-7:30 AM Morning Mix: 9:00-9:45 AM Lap Swim: 9:00 AM-12:00 PM Lap Swim: 4:00-6:00 PM	11 Morning Mix: 7:30-8:15 AM Lap Swim: 4:00-6:00 PM Aqua Deep: 5:45-6:30 PM	12 Lap Swim: 5:30-7:30 AM Morning Mix: 9:00-9:45 AM Lap Swim: 9:00 AM-1:00 PM Lap Swim: 4:00-8:00 PM	13 Morning Mix: 7:30-8:15 AM Lap Swim: 4:00-6:00 PM Aqua Deep: 5:45-6:30 PM	14 Lap Swim: 5:30-7:30 AM Open Swim: 4:00-7:00 PM	15 Lap Swim: 9:00 AM-1:00 PM Open Swim: 1:00-4:30 PM
16 Open Swim: 1:00-4:30 PM	17 Lap Swim: 5:30-7:30 AM Morning Mix: 9:00-9:45 AM Lap Swim: 9:00 AM-12:00 PM Lap Swim: 4:00-8:00 PM	18 Morning Mix: 7:30-8:15 AM Lap Swim: 4:00-6:00 PM Aqua Deep: 5:45-6:30 PM	19 Lap Swim: 5:30-7:30 AM Morning Mix: 9:00-9:45 AM Lap Swim: 9:00 AM-1:00 PM Lap Swim: 4:00-6:00 PM	20 Morning Mix: 7:30-8:15 AM Lap Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	21 Lap Swim: 5:30-7:30 AM	22 Lap Swim: 9:00 AM-1:00 PM Open Swim: 1:00-4:30 PM
23 Open Swim: 1:00-4:30 PM	24 Lap Swim: 5:30-7:30 AM Morning Mix: 9:00-9:45 AM Lap Swim: 9:00 AM-1:00 PM Lap Swim: 4:00-8:00 PM	25 Lap Swim: 5:30-7:30 AM Morning Mix: 7:30-8:15 AM Lap Swim: 9:00-1:00 PM Lap Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	26 Lap Swim: 5:30-7:30 AM Morning Mix: 9:00-9:45 AM Lap Swim: 9:00 AM-1:00 PM Lap Swim: 4:00-8:00 PM	27 CLOSED FOR THANKSGIVING X	28 Lap Swim: 5:30-7:30 AM Open Swim: 4:00-7:00 PM	29 Lap Swim: 9:00 AM-1:00 PM Open Swim: 1:00-4:30 PM
30 Open Swim: 1:00-4:30 PM						
the 						