

INDOOR POOL SCHEDULE

BLACK: LAP SWIM – RED: GROUP EXERCISE – BLUE: OPEN SWIM

JANUARY

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		2		1 CLOSED FOR NEW YEARS X	2 Lap Swim: 9:00AM-1:00PM	3 Lap Swim: 9:00AM-1:00 PM Open Swim: 1:00-4:30 PM
4 Open Swim: 1:00-4:30 PM	5 Lap Swim: 5:30AM-1:00 PM Morning Mix: 9:00-9:45 AM Lap/Open Swim: 4:00-8:00 PM	6 Lap Swim: 5:30AM-1:00 PM Morning Mix: 7:30-8:15 AM Lap/Open Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	7 Lap Swim: 5:30AM-1:00 PM Morning Mix: 9:00-9:45 AM Lap/Open Swim: 4:00-8:00 PM	8 Lap Swim: 5:30AM-1:00 PM Morning Mix: 7:30-8:15 AM Lap/Open Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	9 Lap Swim: 5:30AM-1:00 PM Open Swim: 4:00-7:00 PM	10 Lap Swim: 9:00AM-1:00 PM Open Swim: 1:00-4:30 PM
11 Open Swim: 1:00-4:30 PM	12 Lap Swim: 5:30AM-1:00 PM Morning Mix: 9:00-9:45 AM Lap/Open Swim: 4:00-8:00 PM	13 Lap Swim: 5:30AM-1:00 PM Morning Mix: 7:30-8:15 AM Lap/Open Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	14 Lap Swim: 5:30AM-1:00 PM Morning Mix: 9:00-9:45 AM Lap/Open Swim: 4:00-8:00 PM	15 Lap Swim: 7:30AM-1:00PM Morning Mix: 7:30-8:15 AM Lap/Open Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	16 Lap Swim: 7:30AM-1:00PM Open Swim: 4:00-7:00PM	17 Lap Swim: 9:00AM-1:00 PM Open Swim: 1:00-4:30 PM
18 Open Swim: 1:00-4:30 PM	19 Lap Swim: 5:30AM-1:00 PM Morning Mix: 9:00-9:45 AM Open Swim: 4:00-8:00 PM	20 Lap Swim: 5:30-9:00 AM Morning Mix: 7:30-8:15 AM Open Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	21 Lap Swim: 5:30AM-1:00 PM Morning Mix: 9:00-9:45 AM Open Swim: 4:00-8:00 PM	22 Lap Swim: 5:30AM-1:00 PM Morning Mix: 7:30-8:15 AM Open Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	23 Lap Swim: 5:30AM-1:00 PM Open Swim: 4:00-7:00 PM	24 Lap Swim: 9:00AM-1:00 PM Open Swim: 1:00-4:30 PM
25 Open Swim: 1:00-4:30 PM	26 Lap Swim: 5:30AM-1:00 PM Morning Mix: 9:00-9:45 AM Lap/Open Swim: 4:00-8:00 PM	27 Lap Swim: 5:30-9:00 AM Morning Mix: 7:30-8:15 AM Lap/Open Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	28 Lap Swim: 5:30AM-1:00 PM Morning Mix: 9:00-9:45 AM Lap/Open Swim: 4:00-8:00 PM	29 Lap Swim: 5:30AM-1:00 PM Morning Mix: 7:30-8:15 AM Lap/Open Swim: 4:00-8:00 PM Aqua Deep: 5:45-6:30 PM	30 Open Swim: 4:00-7:00 PM	31 Lap Swim: 9:00AM-1:00 PM Open Swim: 1:00-4:30 PM
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