

3/26/2026: Plymouth County Collaboration: Meeting Minutes

Shared mission and purpose. Invited other to provide feedback, or what they need from us or this group.

Explained the Google Doc Form: Meeting notes from organizations

Showed the Website where notes and agenda will be hosted: lemarsymca.org (under wellness programming)

Explained post-it notes and parking lot posters to leave ideas, needs or comments

Lutheran Services In Iowa: wanted to let everyone know about their Baby Shower on April 9th in Le Mars at St. Johns from 430-6pm

Program Topic: Rosecrance- Katlin Harvey with Iowa's Behavioral Health system and how that works.

County snapsots on iowa.gov

There is a need to gather list of who to call: if someone in your life or at work is struggling with mental health issues.

Hospital: 2-3 times a week (12 and older) with suicidal ideation. Can take up to 10 days place them.

Barrier is there for kids to get mental health care bc of \$ or transportation or availability- Gehlen now has someone on-site as Mental Health support specialists. Katie on site as staff full-time to help with any crisis

Need for onsite licensed help on-site for schools.

Barrier: schools with plains area the process was too complicated and long and never engaged bc enrollment was complicated. Need to make it EASIER.

Confusion of Iowa PCA- what disbanded. Need list of what crisis services are available and still going, what will no longer be available.

July 2026-june 2027: prevention assessment process starting

Focus on Prevention: Work to reduce those risks and build protection against preventable health conditions

hhs.gov/initiatives/system-alignment

iowapca.org

Mental health walk: With Senior Life Solutions and YMCA on May 29

NCC psychiatric services: shared about what they do

Western Iowa services: all disability types. help connect to case managers and services. Hiring disability service manager.

Inclusive Connections- hired by families to be child's advocate with them at schools & in meetings. Parent event night. April 9. Inclusive Dance: May 2nd. ALL abilities- showcase dance and fund sensory friendly.

April- organ donate month. They can do education. 5K run in May in Altoona. Iowa Donor Network.

Lutheran Services: Healthy Families, home visitations to prevent adverse childhood experiences. Build healthy relationships. Refer to them for any families with newborns- home visits. Help them, and can last long term. Woodbury/Cherokee and Plymouth. Refer call or fill online form

ADD: Seasons Behavioral Health- mobile crisis line

SUBMITTED BY: Jacque Perez