

INDOOR POOL SCHEDULE

OCTOBER 2026

BLACK: LAP SWIM – RED: GROUP EXERCISE – BLUE: OPEN SWIM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	28	29	30	1 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM Aqua Deep: 5:30-6:15 PM	2 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	3 Lap Swim: 11:00 AM-1:00 PM Open Swim: 1:00 – 5:00 PM
4 Open Swim: 1:00 – 5:00 PM	5 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	6 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM Aqua Deep: 5:30-6:15 PM	7 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	8 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM Aqua Deep: 5:30-6:15 PM	9 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	10 Lap Swim: 11:00 AM-1:00 PM Open Swim: 1:00 – 5:00 PM
11 Open Swim: 1:00 – 5:00 PM	12 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	13 Lap Swim: 6:00 – 7:30 AM Aqua Mix: 10:00-11:00 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM Aqua Deep: 5:30-6:15 PM	14 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	15 Lap Swim: 6:00 – 7:30 AM Aqua Mix: 10:00-11:00 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM Aqua Deep: 5:30-6:15 PM	16 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	17 Lap Swim: 11:00 AM-1:00 PM Open Swim: 1:00 – 5:00 PM
18 Open Swim: 1:00 – 5:00 PM	19 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	20 Lap Swim: 6:00 – 7:30 AM Aqua Mix: 10:00-11:00 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM Aqua Deep: 5:30-6:15 PM	21 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	22 Lap Swim: 6:00 – 7:30 AM Aqua Mix: 10:00-11:00 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM Aqua Deep: 5:30-6:15 PM	23 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	24 Lap Swim: 11:00 AM-1:00 PM Open Swim: 1:00 – 5:00 PM
25 Open Swim: 1:00 – 5:00 PM	26 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	27 Lap Swim: 6:00 – 7:30 AM Aqua Mix: 10:00-11:00 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM Aqua Deep: 5:30-6:15 PM	28 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	29 Lap Swim: 6:00 – 7:30 AM Aqua Mix: 10:00-11:00 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM Aqua Deep: 5:30-6:15 PM	30 Lap Swim: 6:00 – 7:30 AM Lap Swim: 11:00AM-1:00 PM Lap/Open Swim: 4:00-7:30 PM	31 Lap Swim: 11:00 AM-1:00 PM Open Swim: 1:00 – 5:00 PM
						